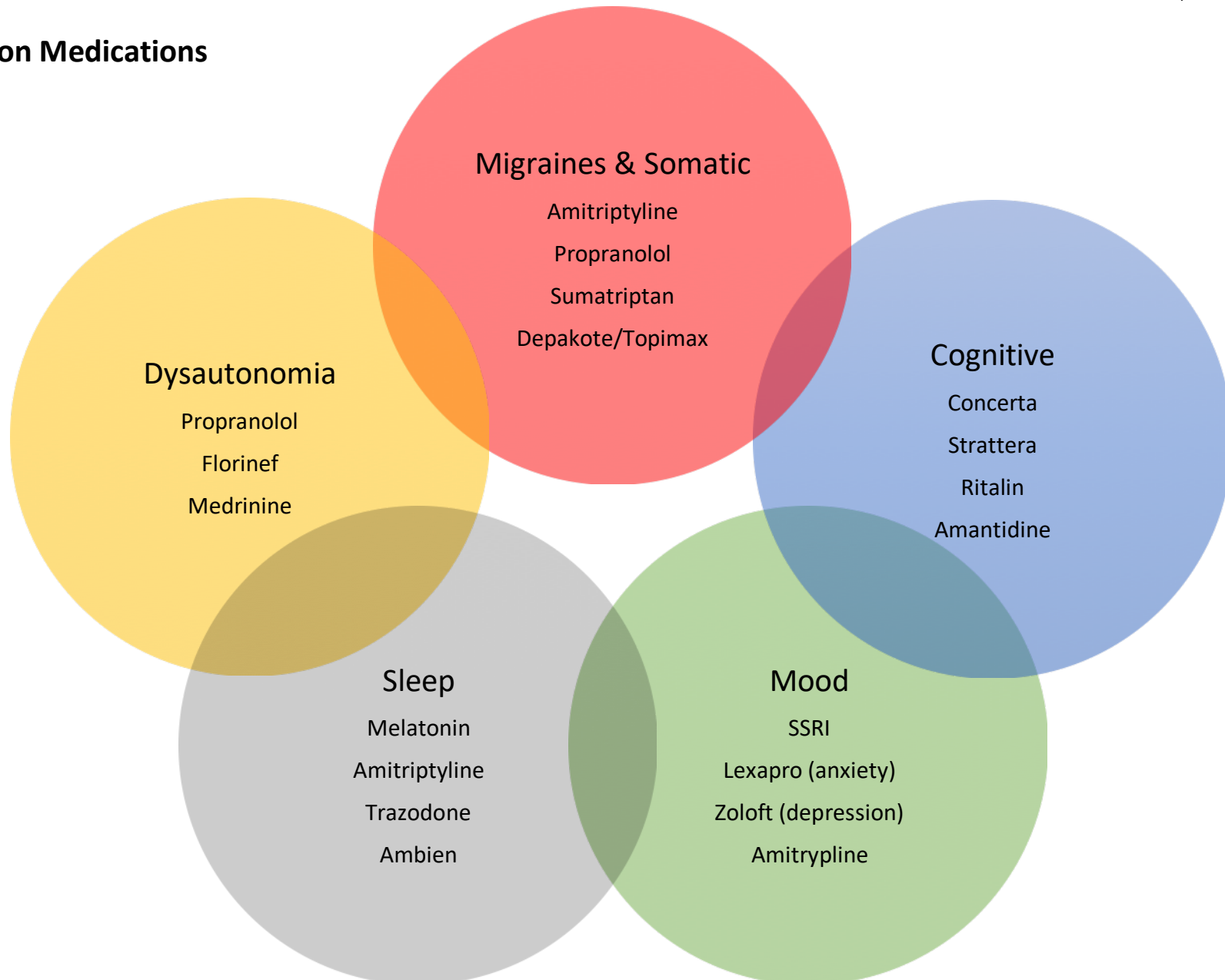


Concussion Medications



Concussion Supplements

Migraine headaches

- Butterbur (*Petasites hybridus*)
- Feverfew (*Tanacetum parthenium*)
- Magnesium
- Vitamin B2 (Riboflavin)
- Coenzyme Q 10

Sleep

- Melatonin
- Valerian root

Cognitive/Mood

- DHA
- Omega 3
- Lutein
- Vitamin C, D, & E
- Alanine
- Beta carotene
- B vitamins

There are no FDA approved medications for post-concussion syndrome. There is no medication that can cure your concussion, however in some cases they can improved targeted symptoms and help facilitate your recovery.

Ask your doctor about the most common side effects of side effects of any medication you may be taking. Full side effect profiles for any of these medications can be found at www.fda.gov