

Concussion Guidelines for Teachers

RED ZONE

- Student needs total cognitive rest. Should not be in school or doing academic work.

ORANGE ZONE

- Attendance may be inconsistent based on level of symptoms and time of day
- Prioritize and excuse assignments based on most essential goals and objectives of the course. Communicate this to parents, student, and other involved support staff.
- If student is symptomatic, send him or her to the nurse.
- Expect limited class participation (more listening than speaking)
- Avoid tests, quizzes, and computer or screen-based assignments
- May need audio books or oral exams
- Be prepared to help student accommodate light and noise sensitivity
- REMEMBER: Student may not be able to self-advocate

YELLOW ZONE

- Excuse past assignments and units as possible.
- Student should only take one test or quiz a day
- Anticipate occasional absences
- Set a schedule for the completion of any work that cannot be excused
- Student may still require accommodations such as audio books, extended time on tests or large assignments, and limited screen-based assignments

GREEN ZONE

- For new work, academic expectations can be back to usual
- Student will be working to complete accommodated work load (according to agreed upon modifications) for all classes.
- REMEMBER: most students can **not** make up every assignment they missed

BLUE ZONE

- Back to usual academic expectations